



**CycleMasters:** Summer is nearly here! The transition from cold and wet to warm and dry was quick. But the best bicycling days are ahead (if you don't mind the heat).

**For our May Saturday morning social rides, we will start our rides at 7:30am.** Our starting point (and breakfast location) is HOA1. And the HOA1 Roadrunner Grille is our breakfast location after the ride. ***Remember that our last ride in April this Saturday (April 27<sup>th</sup>) still starts at 8am.***

As in past months, here is the recap of what happened in April, and what is currently planned in May 2024 and beyond:

#### **MAY SATURDAY MORNING SOCIAL RIDES:**

- **Start Location and Time:** HOA1 Bocce Ball courts parking lot at 7:30am.
- **Breakfast:** 8:30am at the HOA1 Roadrunner Grille.

#### **WELCOME TO NEW MEMBERS:**

- Peter LaDonne joined on April 5<sup>th</sup>

Please make sure to say hello to all new members when you have the opportunity!

#### **RECAP OF PREVIOUS EVENTS:**

- **April 20<sup>th</sup> SaddleBrooke Cleanup:** Thanks so much to Don and Debbie Grafmiller for coordinating this semi-annual cleanup. Also, we had 19 additional "SaddleBrooke CycleMasters TrashMasters" (beyond Don and Debbie) give up their time and energy to participate!
- **April 13<sup>th</sup> Easter Breakfast Ride:** Our Easter Breakfast hosted by John Mahowald and Sandee Heighton was also a huge success. If our count is accurate, we had 74 CycleMasters attend. Of course, we cannot forget to thank all club members who provided casseroles, fruit bowls, tables and chairs, and all other items. Julia Boyd and the Social Committee did a great job once again!
- **April 22d Adopt-A-County Road Recognition Program:** For those who are not aware, our club adopted SaddleBrooke Blvd for the Pinal County "Adopt-a-County Road Program" more than 15 years ago. For that reason, Pinal County recognized the SaddleBrooke CycleMasters for our years of support. The county has now placed a "SaddleBrooke CycleMasters" sign along SaddleBrooke Blvd (down by Eagle Crest), and they gave the club a certificate and wall plaque. Thanks to all of our CycleMasters who attended this event, and thanks to all of the SaddleBrooke CycleMasters TrashMasters who have participated during our 15+ years of cleanup.

#### **CRITICAL CLUB NEEDS:**

- **Saddlebrooke Progress Delivery Positions:** Please keep this need at the top of your list. We still have open units with no permanent delivery person. Also, additional substitutes are also very much needed. Contact one of the Progress delivery leadership team members and let them know you can help (Rick Muck, Sandee Heighton, Rod Hutton, Todd Hubbell or Bruce Hale).

#### **CURRENT INTERNAL EVENTS AND REMINDERS (NEW / CHANGED ITEMS ARE IN BLUE):**

- **Oracle and San Manuel Bike Donations:** All bikes have now been received and assembled. As a reminder to the "bike builders", deliver the San Manuel School District bikes to Marty Herbert prior to May 8<sup>th</sup>, and deliver the Oracle School District bikes to Marty after May 8<sup>th</sup> and before May 16<sup>th</sup>. Marty will provide additional details on the delivery of the bikes to the schools. The presentations to San Manuel students and Oracle students are scheduled on May 8<sup>th</sup> and May 16<sup>th</sup>, respectively. ***If you would like to attend one (or both) of the presentation ceremonies and have not signed up***



*yet, please let me know at [kmmcmillen@gmail.com](mailto:kmmcmillen@gmail.com). I will soon be providing additional details to the ceremony participants.*

- **New CycleMasters Logo and Club Jerseys:** Our initial batch of 83 jerseys from the first “batch” order (which ended April 7<sup>th</sup>) are on schedule to be delivered mid-May! Additionally, we have another order window open now (which closes at the end of May) for anyone else who still wants to order jerseys (these jerseys will be shipped to individual addresses and a shipping charge will be added). This new batch order will be put into production immediately after the order window closes on 5/30/24. As a reminder, the CycleMasters on-line store website to order jerseys is at:

<https://teamstore.agile-sportswear.com/store/saddlebrooke-cyclemasters-bike-club/>

- **A CycleMasters “Safety Moment”:** There has been significant conversation (both within our club and across the country) about “the rules that E-bike riders must follow”. My belief, though, is that proper bike riding rules are applicable across all types of bikes and all categories of rider capability. Let’s not just pick on E-bikes! So, beyond the safety rules we already have posted on the CycleMasters website, here are complimentary rules (specifically applicable to our “inside” CycleMasters rides and adopted from a recent GABA – Greater Arizona Bicycling Association - article) that we all need to review, fully understand, and follow:
  - If E-Bikes are ridden, only pedal-assisted E-Bikes are allowed (they can be two or three wheeled). No powered bikes with “throttles” are allowed.
  - We will not impose an “E-Bike only” ride group unless E-Bike riders (with an identified ride leader) select to do so.
  - Ride leaders are authorized to allow or exclude **any** rider due to a violation of the rules below, or due to other behavior that is detrimental to the safety of ride group members.
  - **All riders must:**
    - Maintain the ride leader’s pace and avoid disruptive actions.
    - Not pass the ride leader unless allowed by the ride leader (and only for a very limited time)
    - **Only pass another rider on his/her left**, and let them know by saying “passing”, by saying “on your left”, or by ringing a bell)
    - Not pass at high speed
    - Ensure that you are familiar with how your bike handles and maintain a pace consistent with the group pace (in order that riders behind you can also maintain a constant pace and help ensure the safety of the whole group)
    - Be respectful of all other riders when climbing uphill and only pass when it is safe
    - Practice with your new bike on several rides prior to joining a CycleMasters group ride; this will help ensure that you can comply with these rules and avoid increasing risk to yourself and other group riders.

As all of us follow the above rules, everyone will benefit.

- **You Never Know Who You Are Going To Run Into!:** Back in early April, Mike Oberski was having lunch with friends in Oracle when he met two bicyclists who had bikes fully loaded with bikepacking bags. One of the riders (“Mario”; pictured below) was living in Hawaii as a maintenance worker and he decided to travel the world on his bike. Mario was then headed to Dallas Texas with the other bicyclist. Mario was subsequently headed to Chile and then to Japan. Mario said the amazing thing he has enjoyed is how nice people have been to him across the country and around the world. He gave all members of Mike’s party a pin that says “ACCEPT YOUR GREATNESS”. Fantastic!



- **“For The Record” CycleMasters Article:** Take a look at the April 2024 "For The Record", Page 15, at the following link: <https://sbhoa2.org/fttr> . A big thanks goes out to Cindy Holm for making this fabulous article happen. Thanks, Cindy!
- **May 2<sup>nd</sup> Club Meeting Pot Luck:** Our Spring club meeting is now scheduled on this date at the HOA-1 tennis patio from 5pm to 7pm. If you don't know, the tennis patio is the building immediately west of where we meet for our Saturday morning social rides. Julia Boyd has provided initial planning information to the Social Committee, and she will be sending out additional details to all club members shortly!
- **May 15<sup>th</sup> Ride of Silence:** Sue Frederickson has volunteered to take the ride coordination responsibility over from Suz Weston for this year. Thanks, Sue! here will be more ride details provided well before the May 15th ride date. Please “save the date” for this very meaningful event.
- **October 1<sup>st</sup> Club Meeting:** We are confirmed for Tuesday, October 1, for our fall club meeting after most of our snowbirds return. Stay tuned for more information!
- **December 4<sup>th</sup> Club Meeting:** Our club is tentatively scheduled at the HOA-1 Activity Center for our end-of-year club meeting. More details later!

#### UPCOMING EXTERNAL EVENTS AND RIDES (NEW/CHANGED ITEMS ARE IN BLUE):

- **Our Next Unique Club Bike Trip (Hotel Dory in Italy):** For those participating, please let John or Donna Sohikian know if you have any additional questions. And if you are still interested in joining this adventure, reach out to Donna ASAP at ( [dsohikian@gmail.com](mailto:dsohikian@gmail.com) ) with any questions and to begin the process of finalizing a reservation. I don't know if there are any rooms left.
- **Other Out-of-State Rides:**
  - **Copper Triangle, August 3d 2024 at Copper Mountain Resort CO:** The same organization that conducts the Tour of the Moon ride in Grand Junction CO (that four CycleMasters rode last year and loved it) also conducts the Copper Triangle ride. For more information, please visit: <https://www.theridecollective.com/coppertriangle> .



- **Mammoth Gran Fondo, September 7<sup>th</sup> 2024 in Mammoth Lakes CA:** All previous participants agree that this is a very fun ride. For more information, please visit: <https://mammothgranfondo.com/> .
- **Mountains to Desert (M2D), September 21<sup>st</sup> 2024 in Colorado:** We want to find CycleMasters to ride the 2024 Mountains to Desert (M2D) in Colorado event this September. Detailed information can be found on the “Mountains to Desert Classic” website: <https://runsignup.com/Race/Info/CO/Telluride/m2dclassic> .

Nine CycleMasters rode the event in 2018 and loved it. Maybe it’s time that more of us ride it this year! The more that sign up, the more we can share costs (driving; hotels; etc). Please contact Kurt McMillen if you are interested.

My best, Kurt