

# Saddlebrooke Cyclemasters

The Saturday bike ride is the highlight of the week. This ride draws many of our members. It's mostly a social gathering with a one hour bike ride. After the ride, everyone meets for visiting, coffee, and breakfast. It's a great way to meet the other members of our bike club. Each month, we alternate these breakfasts between the Roadrunner Grill and the Mesquite Grill:

**Mesquite Grill**    Jan    Mar    May    Jul    Sep    Nov

**Roadrunner Grill**    Feb    Apr    Jun    Aug    Oct    Dec

Cyclists meet at the Saddlebrooke Clubhouse (HOA1) and then break into four groups.

**Hotshots** – 10-12+ mph, hills, occasional stops and regroupings.

**Semi-Hots** – 10-12 mph, few hills, some stops and regroupings.

**Sensibles** – 8-10 mph, easy hills, with stops and regroupings.

**Casuals** – 6 to 10 mph, no hills, with water stops. Nobody left behind.

Each group rides at their own pace for an hour. The ride ends at either the Roadrunner Grill or the Mesquite Grill (see above for where each month)

